



For better
mental health

Oxfordshire Mind

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Reg. Charity Number 261476
Reg. Company Number 4343625

The aim of Oxfordshire Mind is to promote good mental health through the provision of high quality services with active user participation and lobbying and campaigning for positive change.

In all its activities Oxfordshire Mind . .

Works for the rights of people who have been diagnosed as mentally ill to lead an active and valued life in the community.

Works to create and sustain a safe and welcoming environment for all who use and work in our services.

Works in co-operation with other agencies to provide the best possible care and support for people with mental health problems.

Works to influence the planning and provision of mental health services in Oxfordshire and press for a better deal locally and nationally for people with mental health problems.

Mind's work is based on belief in . .

Valuing the knowledge and expertise of mental health service users.

Working alongside people to help them realise their potential.

The importance of striving to make mental health services more human.

Acknowledging and challenging discrimination and stigma.

The importance of community and the benefits of mutual support.

June 2001

Oxfordshire Mind relies on donations to continue its work. Please help if you can.

Contact 01865 310830 or email donate@oxfordshire-mind.org.uk to make a donation.