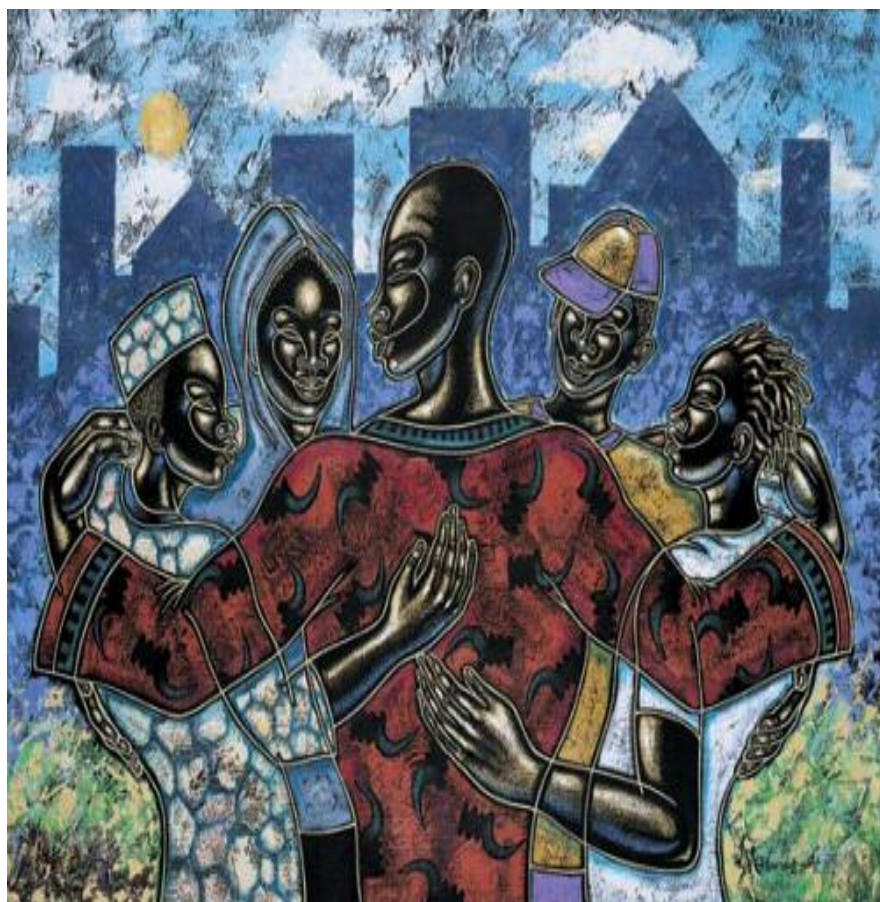


# Black and Asian Men's Forum

**The Black and Asian Men's Forum is an activity-based support group for Black and Asian men in Oxfordshire who are or who may have been in contact with mental health or community services.**



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*"Emancipate yourself from mental slavery -  
none but ourselves can free our minds."*

**Bob Marley**

Oxfordshire   
Primary Care Trust



**For better  
mental health**

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